

# Cursive Rhythm Leader

The essence of fluent movement is rhythm. Building internal models of the movement sequences involves integration of rhythm information into the motor patterns at both gross and fine levels. Chant the words, the count or the colors as you move.

	1. roll top 2. sharp top		1. roll top 2. rock		1. curve down 2. sharp top Finish or Join		1. curve down 2. rock 3. swing (never join)
	1. loop top 2. sharp trace		1. sharp tail 2. round top		1. sharp top 2. trace around 3. loop around 4. rock		1. sharp top 2. trace around
	1. rock-hook, slant		1. roll top 2. sharp tail 3. rock		1. down 2. loop around		1. loop curve 2. loop twist (never join)
	1. roll top 2. sharp top		1. sharp-roof, slant		1. twist down 2. loop twist 3. rock swing (never join)		1. sharp top 2. trace around 3. loop slant Finish or Join
	1. loop top		1. sharp-slant, curve		1. down 2. loop around 3. loop around Finish or Join		1. rock up 2. loop twist 3. rock
	1. loop tail 2. rock		1. sharp top 2. cross		1. twist down 2. rock hook 3. loop twist (never join)		1. twist down 2. rock 3. loop twist (never join)
	1. roll top 2. sharp tail		1. sharp top 2. sharp top		1. rock, loop rock 2. slant curve 3. rock		1. loop slant 2. sharp top Finish or Join
	1. loop top 2. round top		1. round top 2. sharp trace		1. loop slant 2. curve slant 3. trace swing		1. loop slant 2. up twist (never join)
	1. sharp top 2. dot		1. sharp top 2. sharp top 3. sharp trace		1. roll up 2. curve down 3. rock		1. loop curve 2. sharp top 3. roll (never join)
	1. sharp tail 2. dot		1. round top 2. cross		1. roll up 2. slant Finish or Join		1. loop slant 2. Finish or Join 3. rock/cross
	1. loop top 2. round-hook, slant		1. round top 2. sharp tail		1. loop slant 2. twist down 3. loop slant Finish or Join		1. loop slant 2. sharp tail Finish or Join
	1. loop top		1. round top 2. bounce tail		1. rock 2. loop twist 3. loop twist (never join)		1. loop curve 2. loop tail Finish or Join
	1. round top 2. round top 3. round top				1. loop slant 2. round top 3. round top Finish or Join		
	1. round top 2. round top				1. loop slant 2. round top Finish or Join		

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